











MONMOUTH COUNTY NUTRITION PROGRAMS

Program Name:	Teens Feeling Healthy and Fit
Agency/Institution:	Prevention First
Address:	1806 Highway 35, Oakhurst, NJ 07755
County:	Monmouth
Phone:	(732) 663-1800
Focus:	Teaching teens to make healthy food choices, especially with fast food.
Services:	    5
Population served:	 
Funded by:	State of New Jersey
Fees & Charges:	None
Other information:	

MONMOUTH COUNTY PHYSICAL ACTIVITY PROGRAMS

Program Name:	Teens Feeling Healthy and Fit
Agency/Institution:	Prevention First
Address:	1806 Highway 35, Oakhurst, NJ 07755
County:	Monmouth
Phone:	(732) 663-1800
Focus:	To help the students understand the importance of being physically fit and to show them how much fun exercise can be.
Services:	 
Population served:	 
Funded by:	State of New Jersey
Fees & Charges:	None
Other information:	